

## Why Sunday Rather than Saturday as a Day of Worship?

### Exodus 20:1-17

#### Introduction:

- A. "Remember the Sabbath...the seventh day" is the fourth commandment.
  - 1. If it is one of the "ten commandments", should be not do it?
  - 2. Aren't Christians supposed to keep the "ten commandments?"
- B. Why then do we meet on Sunday rather than Saturday?
  - 1. If asked, could you tell why?
  - 2. Is it mere tradition?
  - 3. Has it just proven to be a better day worship?
- C. Let's see what the Bible says about the two days.

#### Discussion:

##### I. The Sabbath Day?

- A. It was a day of strict rest.
  - 1. Not a work day (v. 10; Ex. 16:22-26; 31:12-15)
  - 2. Did not forbid spiritual and necessary activities (cf. Mt. 12:5; Lk. 13:15; 14:5)
- B. It was given to Jews. (Ex. 20:2; Deut. 5:1-6)
  - 1. A sign between Jews and God. (Ex. 31:17)
  - 2. A reminder of their Egyptian bondage. (Duet. 5:15)
  - 3. Similar to 4th of July for Americans, but not same for British.
- C. It was part of the Old Testament law.
  - 1. Law blotted out. (Col. 2:14-16; Heb. 8:6-13; Gal. 5:4)
  - 2. Include the ten commandments (Rom. 7:6-7)
  - 3. Included animal sacrifices (Num. 28:9-11)
  - 4. Included Levitical priesthood. (cf. Heb. 7:11,12)
  - 5. Included annual feasts.

##### II. The First Day Of The Week?

- A. Not as "Christian Sabbath" - Rules of Sabbath do not apply.
- B. It has special significance to Christians.
  - 1. Jesus arose on 1st day of week. (Mk. 16:9; cf. Ps. 2:7; Acts 13:32,33)
  - 2. Jesus appeared to disciples on 1st day. (John 20:19,26)
  - 3. Church established on first day of week.
    - a. Pentecost (Lev. 23:11,15)
    - b. Christ crowned king. (Zech. 6:13; Luke 24:47; Acts 2)
- C. It is the day for assembling for Lord's supper. (Acts 20:7) - Not a common meal (1 Cor. 11:22,34)
- D. It is the day church to gather a contribution. (1 Cor. 16:1,2)
- E. It is likely the "Lord's Day" of Rev. 1:10.

#### Conclusion:

- A. Saturday not a required day of rest or worship under N.T. system.
- B. Sunday is a required day for Christians to assemble for L.S. and give along other worship that may be done any day.