

Take Heed to Yourself and to the Doctrine

1 Tim. 4:16

Introduction:

- A. Modern attitudes toward doctrine.
 - 1. Unity more important than doctrine.
 - 2. Good life more important than doctrine and vice versa.
 - 3. Sincerity more important than doctrine.
 - 4. Gospel more important than doctrine.
- B. Effects of doctrine.
 - 1. Upon our conduct.
 - 2. Upon our salvation.
 - 3. Upon our hope.
- C. Attention called two to areas - Self and Doctrine.
 - 1. In order to save self.
 - 2. In order to save hearers.

Discussion:

I. “Yourself”

- A. “Exercise yourself” (1 Tim. 4:7,8)
 - 1. Value and purpose of physical exercise.
 - 2. Value and purpose of spiritual exercise. (v. 8; Heb. 5:14)
- B. “Keep yourself” (1 Tim. 5:22)
 - 1. Pure of moral defilement.
 - 2. Pure of religious defilement. (1 John 5:21)
 - 3. Pure of other men’s defilements. (5:22; 2 John 9-11)
- C. “Present (show) yourself” (2 Tim. 2:15).
 - 1. Approved to God.
 - 2. A pattern of Good works. (Tit. 2:7)
- D. “Consider Yourself” (Gal. 6:1)
- E. “Teach Yourself” (Rom. 2:21-22)

II. “The Doctrine”

- A. “Sound Doctrine” (1 Tim. 1:10; cf. 1 Tim. 4:6)
 - 1. Affects morality. (1 Tim. 1:9-10)
 - 2. Affects gospel - interchangeable. (1 Tim. 1:11)
 - 3. Affects daily living. (Tit. 2:1ff)
- B. Scriptural Doctrine (2 Tim. 3:15-16; cf 2 Tim. 4:2; 1 Tim. 4:6)
 - 1. Rather than from devils. (1 Tim. 4:1)
 - 2. Rather than from men. (Matt. 15:9)
- C. Strict Doctrine (1 Tim. 1:3)
 - 1. Can teach no other.
 - 2. Can encourage no other. (2 John 9-11)

Conclusion:

- A. Take heed to both yourself and the doctrine
- B. Obey form of doctrine.
- C. Hearer must receive sound doctrine to be saved.
 - 1. Why need to be at meeting.
 - 2. Why need to bring others to meeting.